







AVAILABLE DAILY

Fresh Fruit, Freshly Baked Bread, Yoghurt and Water











Nutritionist's choice



🗯 Oily fish



Vegan





Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

AUTUMN/WINTER **2025 MENU**



WEEK 2 WINGATE JUNIOR SCHOOL

MONDAY

TUESDAY

Pork Sausage with

Mashed Potato and

Gravy

WEDNESDAY

THURSDAY

FRIDAY

O OPTION Ш Т S

Cheese and Tomato Pizza with Potato Wedges **₩**

Yorkshire Pudding Mashed Potato and Gravy

Roast Chicken with Stuffing, Potatoes and Gravy

Chicken Korma with **Wholegrain Rice**

OR

with Chips

Breaded Fish Fingers

OPTION 0

Veggie Sausage in a **Bun with Potato** Wedges **₩ ∨**

OR Cheese and Onion Pie

Ouorn Roast with Stuffing, Potatoes and Gravy

Macaroni Cheese

Quorn Dippers with Chips

OR



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OPTION

Cheese and Tuna **Ham Sandwich** Panini Melt

₩ ∨

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Cheese Sandwich

Cheese Panini Melt

Ham Sandwich



ALL DISHES ARE SERVED WITH CRUNCHY VEGETABLES AND / OR FRESH SALAD

W

VEG

Sweetcorn Coleslaw

Garden Peas **Carrots**

Green Beans Cabbage

Big Bowl Salad Sweetcorn

Baked Beans Garden Peas

DESSERT

Crispy Crackle Bar

Chocolate Cookie with Fruit

Flapjack with Custard

Lemon Cake

Strawberry Ice Cream



BAKED POTATOES SERVED DAILY

with a Choice of Toppings



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Vegetarian







Oily fish



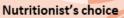


Vegan











AUTUMN/WINTER **2025 MENU**

WEEK 3 WINGATE JUNIOR SCHOOL

MONDAY

TUESDAY

WEDNESDAY

Roast Gammon with

Yorkshire Pudding.

THURSDAY

FRIDAY

Breaded Fish Fingers

with Chips

Ouorn Dippers with

Chips

OR

OPTION S

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Cheese and Tomato Pizza with Potato Wedges

₩

Roll with Potato **Wedges and Baked Beans**

Homemade Sausage

Vegetable Korma with

Wholegrain Rice

Mashed Potato and Gravy

Ouorn Roast with Yorkshire Pudding. **Mashed Potato and** Gravy

OR

Beef Bolognese with Wholemeal Pasta

Meatless Ball Sub with Potato Wedges

OPTION

OPTION

Macaroni Cheese

Ham Sandwich

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Cheese and Tuna Panini Melt



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Cheese Sandwich

Cheese Panini Melt

Ham Sandwich

ALL DISHES ARE SERVED WITH CRUNCHY VEGETABLES AND / OR FRESH SALAD

VEG

Big Bowl Salad Sweetcorn

Salad Bar **Garden Peas**

Carrots Cabbage

Big Bowl Salad Sweetcorn

Baked Beans Garden Peas

DESSERT

Chocolate Marble Cake

Flapjack with Fruit

Raspberry Yoghurt Cake with Custard

Lemon Cookie with Fruit

Vanilla Ice Cream



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Wholegrain



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